Metro-North Railroad
Hudson Line

As of March 29, 2026

Grand Central
New York City
Harlem – 125th Street
Yankees – E. 153rd St
Morris Heights
University Heights
Marble Hill
Spuyten Duyvil
Riverdale
Ludlow
Yonkers
Glenwood
Greystone
Hastings-on-Hudson
Dobbs Ferry
Ardsley-on-Hudson
Irvington
Tarrytown
Philipse Manor
Scarborough
Ossining
Croton-Harmon
Cortlandt
Peekskill
Manitou
Garrison
Cold Spring
Breakneck Ridge
Beacon
New Hamburg
Poughkeepsie

Schedule Links

Monday – Friday

To Grand Central
AM Peak & Mornings *4 AM – 12 Noon*

To Grand Central
Afternoons & Nights *12 Noon – 12 Midnight*

To Poughkeepsie
AM Peak & Mornings *5 AM – 12 Noon*

To Poughkeepsie
Afternoons, PM Peak & Nights
12 Noon – 2 AM

Saturday & Sunday

To Grand Central

To Poughkeepsie

See information on
ADA accomodations

Useful links
mta.info/mnr
mta.info/schedules
mta.info

Download the TrainTime App

Download on the App Store

GET IT ON Google Play

Key

Ⓐ – Amtrak connection.
C – **Change trains** to continue your trip.
D – **Discharges** customers only.
H – Stops primarily to discharge customers. Train may depart up to **5 minutes earlier** than the time shown.
R – **Receives** customers only.
Ⓖ – 511NY Rideshare Guaranteed Ride Program *Sponsored by NYSDOT.*
– **UniTicket** *(combined monthly rail/bus ticket)* is available for bus service between train station and residential area or worksites.
– Ferry connection.
– Airport connecting service.
– Tactile warning strips, audio/visual passenger information, ramps, and/or elevators available in station and on platforms.
– Platforms have ramps and/or elevators. An accessible path between platforms or tactile warning strips may not be available.

2026 Holidays		Schedule
1/1	New Year's Day	Special
1/19	M.L.King Jr. Day	Saturday + Extras
2/16	Presidents Day	Saturday
5/25	Memorial Day	**Sunday**
7/3	Independence Day *Observed*	**Sunday**
7/4	Independence Day	Saturday
9/7	Labor Day	**Sunday**
11/26	Thanksgiving Day	Special
11/27	Friday after Thanksgiving	Saturday + Extras
12/24	Christmas Eve	*Friday*
12/25	Christmas Day	Hourly
12/31	New Year's Eve	Special

General Info

Peak tickets are required on trains that:
– Arrive at Grand Central on weekdays between 6 AM – 10 AM
– Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

Reduced fares
– Senior (65+)/People with Disabilities and Medicare customers will be charged half the peak fare. **Must present proper ID.** **See details**

Bicycles
Visit our website at **mta.info** for our **full bike policy.**

– **Bicycles NOT permitted** on:
– inbound AM peak trains
– outbound PM peak trains
– on trains with the NO BIKE symbol
– or on some holidays

Weekday off-peak trains
unless noted allow a maximum 4 bicycles per train:
no more than 2 bicycles per car.

Weekend off-peak trains
allow a maximum 8 bicycles per train:
no more than 2 bicycles per car.

– **"Bike Train"** a maximum of 15 bicycles are permitted on trains marked with this symbol.

– **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms, ticketing, waiting, and boarding areas; elevators; and staircases.

More Details on:
Ticket Information | Contact Information | Connecting Services

INBOUND: Monday – Friday AM Peak & Mornings

Peak trains arrive at Grand Central between 6 AM – 10 AM

Effective **March 29, 2026**

MILES	TO NEW YORK	OFF-PEAK	AM PEAK																	(BICYCLES NOT PERMITTED ON PEAK TRAINS)														
		700	802	702	806	704	810	708	710	814	712	714	818	716	816	416	718	4720	720	830	832	724	426	728	834	732	836	434	734	838	436	736	840	440	738
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
74	Poughkeepsie		4 12		4 42		5 12			5 31			6 08		5 59					6 24	6 44				6 49		7 05			7 11			7 32		
65	New Hamburg		4 21		4 51		5 21			5 40			6 17		6 08					6 33	6 53				6 58		7 14			7 20			7 41		
59	Beacon		4 28		4 58		5 28			5 47			6 24		6 15					6 41	7 00				7 06		7 21			7 28			7 49		
52	Cold Spring		4 36		5 06		5 36			5 55					6 24					6 49					7 14					7 35			7 57		
50	Garrison		4 40		5 10		5 40			6 00					6 28					6 53					7 18					7 40			8 01		
41	Peekskill		4 51		5 21		5 51			6 10					6 40					7 05					7 30					7 51			8 15		
38	Cortlandt		4 55		5 25		5 55			6 15					6 46					7 11					7 36					7 56			8 21		
33	Croton-Harmon Ar.																																		
33	Croton-Harmon Lv.	4 42	5 05	5 12	5 35	5 22	6 05	5 54	6 10	6 25	6 22	6 36		6 48	6 55			6 56	7 09	7 21		7 03		7 31	7 45	7 26	7 50		7 58	8 06		8 10	8 30		8 27
31	Ossining	4 46		5 16		5 27		5 58	6 13		6 26	6 39		6 52				7 01	7 14			7 07		7 36		7 30			8 02			8 14			8 32
30	Scarborough	4 48		5 18		5 29		6 00	6 16		6 28	6 42		6 54				7 04	7 17			7 09		7 39		7 32			8 04			8 16			8 34
27	Philipse Manor	4 52		5 22		5 33		6 04	6 20		6 32	6 46		6 58				7 09	7 21			7 13		7 43		7 36			8 08			8 20			8 38
25	Tarrytown	4 54		5 24		5 35		6 06	6 22		6 34	6 48		7 00			7 08	7 12	7 24			7 16		7 46		7 39			8 12			8 23			8 41
23	Irvington	4 58		5 28		5 39		6 10	6 26		6 38	6 51					7 12	7 16				7 20	7 35			7 43		8 02			8 26			8 44	
22	Ardsley-on-Hudson	5 00		5 30		5 41		6 12	6 28		6 40	6 53					7 14	7 18				7 22	7 37			7 45		8 04			8 28			8 46	
21	Dobbs Ferry	5 02		5 32		5 43		6 14	6 30		6 42	6 55					7 16	7 20				7 24	7 39			7 47		8 06			8 31			8 49	
20	Hastings-on-Hudson	5 04		5 34		5 46		6 17	6 33		6 44	6 58					7 19	7 22				7 26	7 43			7 49		8 10			8 33			8 51	
18	Greystone	5 07				5 49		6 20			6 47					7 03	7 22	7 25				7 29				7 52		8 13		8 19		8 43		
16	Glenwood	5 10				5 52		6 23			6 50					7 06						7 33				7 56				8 22		8 46		
15	Yonkers	5 12		5 40		5 54		6 25	6 40		6 52	7 03				7 10						7 36	7 50			7 59				8 25	8 40	8 49		
14	Ludlow	5 14				5 56		6 27			6 54					7 13						7 38				8 01				8 28		8 51		
13	Riverdale	5 17				5 59		6 30			6 57					7 16						7 41				8 04				8 31		8 54		
11	Spuyten Duyvil	5 21				6 03		6 34			7 01					7 20						7 45				8 08				8 36		8 58		
10	Marble Hill	5 24		5 48		6 06		6 37	6 48		7 04	7 11				7 23						7 47				8 10				8 38	8 48	9 00		
9	University Heights					6 08		6 39			7 06					7 26						7 50				8 13				8 41		9 02		
8	Morris Heights					6 10		6 41			7 08					7 27						7 51				8 14				8 43		9 04		
6	Yankees-E. 153rd Street					6 15		6 45			7 13					7 31						7 55				8 19				8 47	8 54	9 07		
4	Harlem-125th Street	H 5 34	D 5 42	D 5 59	D 6 12	H 6 20	D 6 42	H 6 50	D 6 59	D 7 03	H 7 20	D 7 21	D 7 23	D 7 26	D 7 31	D 7 38	D 7 45	D 7 50	D 7 50	D 7 58	D 8 01	H 8 02	D 8 10			D 8 25		D 8 35	D 8 40	D 8 43	H 8 51	D 9 00	D 9 06	H 9 13	D 9 16
0	Grand Central	5 47	5 54	6 12	6 24	6 32	6 54	7 02	7 11	7 15	7 33	7 35	7 37	7 40	7 44	7 53	7 59	8 04	8 04	8 12	8 13	8 16	8 24	8 31	8 35	8 39	8 40	8 48	8 53	8 56	9 04	9 13	9 19	9 26	9 29
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM

WILL NOT OPERATE FRIDAYS & 7/2

WILL OPERATE FRIDAYS ONLY & 7/2

WILL NOT OPERATE FRIDAYS & 7/2

WILL NOT OPERATE FRIDAYS & 7/2

STOP AT MANITOU AT 8:07AM

MILES	TO NEW YORK	AM PEAK			OFF-PEAK											
		842	740	742	844	744	4844	4744	846	746	850	750	854	754	858	
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	
74	Poughkeepsie	8 01			8 30		8 51		8 57		9 48		10 48		11 48	
65	New Hamburg	8 10			8 40		9 01		9 07		9 58		10 58		11 58	
59	Beacon	8 18			8 47		9 08		9 14		10 05		11 05		12 05	
52	Cold Spring	8 25			8 56				9 23		10 14		11 14		12 14	
50	Garrison	8 30			9 00				9 27		10 18		11 18		12 18	
41	Peekskill	8 41			9 12		9 28		9 39		10 30		11 30		12 30	
38	Cortlandt	8 46			9 17				9 44		10 35		11 35		12 35	
33	Croton-Harmon Ar.															
33	Croton-Harmon Lv.	8 55	8 41	8 59	9 27	9 13	9 38	9 34	9 54	9 57	10 45	10 52	11 45	11 55	12 45	1
31	Ossining		8 45	9 03		9 17		9 38	9 58	10 01	10 49	10 56	11 49	11 59	12 49	1
30	Scarborough		8 47	9 06		9 19		9 40		10 03		10 58		12 01		
27	Philipse Manor		8 51	9 10		9 23		9 44		10 07		11 02		12 05		
25	Tarrytown		8 54	9 13		9 26		9 47	10 06	10 10	10 57	11 04	11 57	12 07	12 57	
23	Irvington		8 58	9 16		9 29		9 50		10 13		11 08		12 11		
22	Ardsley-on-Hudson		9 00	9 18		9 32		9 53		10 16		11 10		12 13		
21	Dobbs Ferry		9 02	9 21		9 34		9 55		10 18		11 12		12 15		
20	Hastings-on-Hudson		9 04	9 23		9 36		9 57		10 20		11 14		12 17		
18	Greystone		9 07			9 40		10 01		10 24		11 17		12 20		
16	Glenwood		9 10			9 43		10 04		10 27		11 20		12 23		
15	Yonkers		9 13	9 29		9 45		10 06		10 29		11 23		12 26		
14	Ludlow		9 15			9 47		10 08		10 31		11 25		12 28		
13	Riverdale		9 17			9 50		10 11		10 34		11 27		12 30		
11	Spuyten Duyvil		9 22			9 55		10 16		10 38		11 32		12 35		
10	Marble Hill		9 24			9 58		10 19		10 42		11 35		12 38		
9	University Heights		9 27			10 01		10 22		10 45		11 38		12 40		
8	Morris Heights		9 28			10 02		10 23		10 46		11 40		12 42		
6	Yankees-E. 153rd Street		9 33			10 07		10 28		10 51		11 46		12 49		
4	Harlem-125th Street	H 9 33	H 9 40	H 9 47	H 10 05	H 10 11	H 10 17	H 10 33	H 10 37	H 10 55	H 11 27	H 11 53	H 12 27	H 12 56	H 1 27	H
0	Grand Central	9 46	9 52	9 59	10 17	10 25	10 28	10 45	10 50	11 09	11 41	12 06	12 41	1 08	1 41	
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	

WILL OPERATE FRIDAYS ONLY & 7/2

MILES	TO NEW YORK																																						
																																					OFF-PEAK		
		750	854	754	858	758	760	862	762	764	866	766	768	870	770	772	874	774	876	776	878	778	880	780	882	782	886	786	890	790	892	792	894	796	898			
																																	794		798			
		AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	PM			
74	Poughkeepsie	Ⓐ	10 48		11 48			12 48			1 48			2 52			3 52		4 31		4 51		5 36		5 53		6 55		7 55		8 49		C 9 48	C 10 48	C 11 59			
65	New Hamburg		10 58		11 58			12 58			1 58			3 02			4 02		4 41		5 01		5 46		6 03		7 05		8 05		8 59		C 9 58	C 10 58	C 12 09			
59	Beacon		11 05		12 05			1 05			2 05			3 10			4 10		4 49		5 09		5 54		6 11		7 13		8 13		9 07		C 10 06	C 11 06	C 12 17			
52	Cold Spring		11 14		12 14			1 14			2 14			3 18			4 18				5 17				6 19		7 21		8 21		9 16		C 10 14	C 11 14	C 12 25			
50	Garrison		11 18		12 18			1 18			2 18			3 22			4 22				5 21				6 23		7 25		8 25		9 20		C 10 18	C 11 18	C 12 29			
41	Peekskill		11 30		12 30			1 30			2 30			3 33			4 33		5 08		5 32		6 13		6 34		7 36		8 36		9 32		C 10 29	C 11 29	C 12 40			
38	Cortlandt		11 35		12 35			1 35			2 35			3 38			4 38				5 37				6 39		7 41		8 41		9 37		C 10 34	C 11 34	C 12 45			
33	Croton-Harmon *Ar.*	Ⓐ																															C 10 47	C 11 47	C 12 58			
33	Croton-Harmon *Lv.*	Ⓐ	10 52	11 45	11 55	12 45	12 55	1 27	1 45	1 55	2 27	2 45	2 55	3 27	3 47	3 58	4 24	4 47	4 56	5 19	5 30	5 46	6 01	6 24	6 32	6 48	7 00	7 50	7 56	8 50	8 55	9 46	9 56	10 55	12 05	1 04			
31	Ossining		10 56	11 49	11 59	12 49	12 59	1 31	1 49	1 59	2 31	2 49	2 59	3 30	3 51	4 02	4 28	4 51	5 00	5 23	5 34	5 50	6 05	6 28	6 36	6 52	7 04	7 54	8 00	8 54	8 59	9 50	10 00	10 59	12 09	1 08			
30	Scarborough		10 58		12 01		1 01			2 01			3 01			4 04	4 30		5 02		5 36		6 07				7 06		8 02		9 01		10 02	11 01	12 11	1 10			
27	Philipse Manor		11 02		12 05		1 05			2 05			3 05			4 08	4 34		5 06		5 40		6 11				7 10		8 06		9 05		10 06	11 05	12 15	1 14			
25	Tarrytown		11 04	11 57	12 07	12 57	1 07	1 38	1 57	2 07	2 38	2 57	3 07	3 37	3 59	4 10	4 36	4 59	5 08	5 31	5 42	5 58	6 13	6 36	6 43	7 00	7 12	8 02	8 08	9 02	9 07	9 58	10 08	11 07	12 17	1 16			
23	Irvington		11 08		12 11		1 11	1 41		2 11	2 41		3 11	3 40		4 14	4 40		5 12		5 46		6 17		6 46		7 16		8 12		9 11		10 12	11 11	12 21	1 20			
22	Ardsley-on-Hudson		11 10		12 13		1 13			2 13			3 13			4 16	4 42		5 14		5 48		6 19				7 18		8 14		9 13		10 14	11 13	12 23	1 22			
21	Dobbs Ferry		11 12		12 15		1 15	1 44		2 15	2 44		3 15	3 43		4 18	4 44		5 16		5 50		6 21		6 49		7 20		8 16		9 15		10 16	11 15	12 25	1 24			
20	Hastings-on-Hudson		11 14		12 17		1 17	1 46		2 17	2 46		3 17	3 46		4 20	4 46		5 18		5 52		6 23		6 51		7 22		8 18		9 17		10 18	11 17	12 27	1 26			
18	Greystone		11 17		12 20		1 20			2 20			3 20			4 23	4 49		5 21		5 55		6 26				7 25		8 21		9 20		10 21	11 20	12 30	1 29			
16	Glenwood		11 20		12 23		1 23			2 23			3 23			4 26	4 52		5 24		5 58		6 29				7 28		8 24		9 23		10 24	11 23	12 33	1 32			
15	Yonkers	Ⓐ	11 23		12 26		1 26	1 52		2 25	2 52		3 26	3 52		4 28	4 55		5 27		6 01		6 32		6 57		7 31	8 13	8 27	9 13	9 26	10 09	10 27	11 26	12 36	1 35			
14	Ludlow		11 25		12 28		1 28			2 27			3 28			4 30	4 57		5 29		6 03		6 34				7 33		8 29		9 28		10 29	11 28	12 39	1 38			
13	Riverdale		11 27		12 30		1 30	1 56		2 30	2 56		3 30	3 55		4 33	4 59		5 31		6 05		6 36		7 01		7 35		8 31		9 30		10 31	11 30	12 41	1 40			
11	Spuyten Duyvil		11 32		12 35		1 35	2 00		2 34	3 00		3 35	3 59		4 37	5 04		5 36		6 10		6 41		7 06		7 40		8 36		9 35		10 36	11 35	12 45	1 44			
10	Marble Hill		11 35		12 38		1 38	2 03		2 37	3 03		3 38	4 02		4 40	5 07		5 39		6 13		6 44		7 08		7 43		8 39		9 38		10 39	11 38	12 49	1 47			
9	University Heights		11 38		12 40		1 40			2 40			3 40	4 05		4 42	5 09		5 41		6 15		6 46				7 45		8 41		9 40		10 41	11 40	12 51				
8	Morris Heights		11 40		12 42		1 42			2 42			3 42	4 07		4 44	5 11		5 43		6 17		6 48				7 47		8 43		9 42		10 43	11 42	12 53				
6	Yankees-E. 153rd Street		11 46		12 49		1 49			2 49			3 49			4 48	5 17		5 49		6 23		6 53				7 52		8 49		9 49		10 50	11 49	12 59				
4	Harlem-125th Street		H 11 53	H 12 27	H 12 56	H 1 27	H 1 56	H 2 17	H 2 27	H 2 56	H 3 17	H 3 27	H 3 56	H 4 20	H 4 28	H 4 55	H 5 22	H 5 28	H 5 54	H 6 02	H 6 29	H 6 32	H 6 58	H 7 07	H 7 20	H 7 30	H 7 58	H 8 32	H 8 54	H 9 33	H 9 56	H 10 31	H 10 57	H 11 56	H 1 06	H 2 01			
0	Grand Central		12 06	12 41	1 08	1 41	2 08	2 29	2 41	3 08	3 29	3 41	4 08	4 31	4 43	5 08	5 36	5 43	6 07	6 15	6 42	6 45	7 09	7 19	7 32	7 42	8 10	8 44	9 06	9 46	10 08	10 43	11 09	12 08	1 17	2 12			
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM			

MILES	TO POUGHKEEPSIE		AM PEAK										AM PEAK		OFF-PEAK						
			703	803	705	805	707	807	709	809	711	713	813	715	717	817	719	721	821	725	825
			AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
0	Grand Central		5 35	6 14	6 21	6 46	6 50	7 19	7 23	7 39	7 45	8 13	8 38	8 59	9 14	9 35	9 58	10 14	10 35	11 14	11 35
4	Harlem-125th Street		5 45	R 6 25	6 31	R 6 57	7 00	R 7 30	7 33	R 7 50	7 55	8 23	R 8 49	9 10	9 24	R 9 46	10 08	10 24	R 10 46	11 24	R 11 46
6	Yankees-E. 153rd Street		5 49	↓	6 35	↓	7 04	↓	7 37	↓	7 59	8 28	↓	↓	9 28			10 29		11 29	
8	Morris Heights		5 52	↓	6 38	↓	7 07	↓	7 40	↓	8 02	8 32	↓	↓	9 32			10 32		11 32	
9	University Heights		5 54	↓	6 40	↓	7 09	↓	7 42	↓	8 04	8 34	↓	↓	9 34			10 34		11 34	
10	Marble Hill		5 56	6 33	6 42	7 05	7 11	7 39	7 44	7 59	8 06	8 36	↓	9 20	9 36		10 18	10 36		11 36	
11	Spuyten Duyvil	G	5 58	↓	6 44	↓	7 13	↓	7 46	↓	8 08	8 38	↓	9 22	9 38		10 21	10 38		11 38	
13	Riverdale	G	6 02	↓	6 48	↓	7 17	↓	7 50	↓	8 12	8 42	↓	9 26	9 42		10 24	10 42		11 42	
14	Ludlow		6 04	↓	6 50	↓	7 19	↓	7 52	↓	8 14	8 45	↓	↓	9 44		↓	10 44		11 44	
15	Yonkers	A	6 07	6 41	6 53	7 13	7 22	7 48	7 55	8 08	8 17	8 48	↓	9 30	9 47		10 28	10 47		11 47	
16	Glenwood		6 09	↓	6 55	↓	7 24	↓	7 57	↓	8 19	8 50	↓	↓	9 49		↓	10 49		11 49	
18	Greystone		6 12	↓	6 58	↓	7 27	↓	8 00	↓	8 22	8 53	↓	↓	9 52		↓	10 52		11 52	
20	Hastings-on-Hudson		6 15	↓	7 01	↓	7 30	↓	8 03	↓	8 25	8 56	↓	9 36	9 55		10 34	10 55		11 55	
21	Dobbs Ferry		6 18	↓	7 04	↓	7 33	↓	8 06	↓	8 28	8 59	↓	9 39	9 58		10 37	10 58		11 58	
22	Ardsley-on-Hudson		6 20	↓	7 06	↓	7 35	↓	8 08	↓	8 30	9 01	↓	↓	10 00		↓	11 00		12 00	
23	Irvington		6 22	↓	7 08	↓	7 37	↓	8 10	↓	8 32	9 03	↓	9 42	10 03		10 41	11 03		12 03	
25	Tarrytown	G	6 26	6 52	7 12	7 24	7 41	7 59	8 14	8 21	8 36	9 07	9 15	9 46	10 07	10 14	10 45	11 07	11 13	12 07	12 13
27	Philipse Manor		6 28	↓	7 14	↓	7 43	↓	8 16	↓	8 38	9 10	↓	↓	10 09		↓	11 09		12 09	
30	Scarborough		6 32	↓	7 18	↓	7 47	↓	8 20	↓	8 42	9 14	↓	↓	10 13		↓	11 13		12 13	
31	Ossining	G	6 35	7 00	7 21	7 32	7 50	8 07	8 23	8 29	8 45	9 17	9 23	9 53	10 16	10 22	10 52	11 16	11 21	12 16	12 21
33	Croton-Harmon *Ar.*	A	6 45		7 32		8 00		8 34		8 56	9 26		10 02	10 26		11 01	11 25		12 26	
33	Croton-Harmon *Lv.*	A		7 05		7 37		8 12		8 35			9 28			10 28			11 27		12 27
38	Cortlandt			7 13		7 45		8 20		8 42			9 36			10 36			11 35		12 35
41	Peekskill			7 18		7 50		8 25		8 47			9 41			10 41			11 40		12 40
50	Garrison			7 29		8 01		8 36		8 58			9 52			10 52			11 52		12 52
52	Cold Spring			7 33		8 05		8 40		9 02			9 56			10 56			11 56		12 56
59	Beacon	G		7 41		8 13		8 48		9 11			10 05			11 05			12 04		1 04
65	New Hamburg	G		H 7 49		H 8 21		H 8 56		H 9 19			H 10 13			H 11 13			H 12 12		H 1 12
74	Poughkeepsie	G A		8 07		8 38		9 13		9 38			10 30			11 30			12 30		1 30
			AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM

OUTBOUND: Monday – Friday Afternoons, PM Peak & Nights

Peak trains depart Grand Central between 4 PM – 8 PM

Effective **March 29, 2026**

MILES	TO POUGHKEEPSIE	OFF-PEAK																	PM PEAK (BICYCLES NOT PERMITTED ON PEAK TRAINS)																				
		821	725	825	729	829	4833	733	833	4735	4835	737	837	739	839	741	841	443	745	843	747	749	847	753	849	851	755	757	461	853	855	759	4761	761	465	
		AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	
0	Grand Central	10 35	11 14	11 35	12 14	12 35	1 18	1 20	1 43	1 51	2 18	2 20	2 43	2 48	3 18	3 20	3 48	3 51	4 07	4 15	4 19	4 38	4 47	4 54	5 09	5 11	5 17	5 20	5 23	5 30	5 32	5 36	5 36	5 39	5 43	
4	Harlem-125th Street	R 10 46	11 24	R 11 46	12 24	R 12 46	R 1 29	1 30	R 1 53	2 01	R 2 29	2 30	R 2 54	2 58	R 3 29	3 31	R 3 59	4 01	R 4 17	R 4 26	4 29	R 4 48	R 4 58	5 05	R 5 20	R 5 22	R 5 28	5 30	5 33		R 5 43				5 53	
6	Yankees-E. 153rd Street		11 29		12 29			1 34		2 05		2 34		3 02		3 35		4 05			4 34			5 09				5 34	5 37						5 57	
8	Morris Heights		11 32		12 32			1 38		2 09		2 38		3 06		3 39		4 09			4 38			5 13					5 40						6 00	
9	University Heights		11 34		12 34			1 40		2 11		2 40		3 08		3 40		4 11			4 39			5 15					5 42						6 02	
10	Marble Hill		11 36		12 36			1 42		2 13		2 42		3 10		3 42		4 13			4 42			5 17				5 40	5 45						6 05	
11	Spuyten Duyvil		11 38		12 38			1 44		2 15		2 44		3 12		3 44		4 16			4 44			5 20					5 47						6 07	
13	Riverdale		11 42		12 42			1 48		2 19		2 48		3 16		3 48		4 19			4 48			5 24					5 50						6 10	
14	Ludlow		11 44		12 44			1 50		2 21		2 50		3 18		3 51		4 22			4 50			5 27					5 53						6 13	
15	Yonkers		11 47		12 47			1 53		2 24		2 53		3 21		3 53		4 24	H 4 34		4 53	H 5 04		5 30				5 48	5 56						6 16	
16	Glenwood		11 49		12 49			1 55		2 26		2 55		3 23		3 56		4 26			4 55			5 32					5 58						6 18	
18	Greystone		11 52		12 52			1 58		2 29		2 58		3 26		3 59		4 33			4 58			5 35					6 04				6 05	6 08	6 24	
20	Hastings-on-Hudson		11 55		12 55			2 01		2 33		3 01		3 29		4 02			H 4 40		5 01	H 5 10		5 38				5 54					6 08	6 11		
21	Dobbs Ferry		11 58		12 58			2 04		2 36		3 04		3 32		4 04			H 4 43		5 04	H 5 13		5 41				5 56					6 11	6 14		
22	Ardsley-on-Hudson		12 00		1 00			2 06		2 38		3 06		3 34		4 06			H 4 45		5 06	H 5 15		5 43				5 59					6 13	6 16		
23	Irvington		12 03		1 03			2 09		2 41		3 09		3 37		4 09			H 4 47		5 09	H 5 17		5 45				6 01					6 15	6 18		
25	Tarrytown	11 13	12 07	12 13	1 07	1 13		2 13	2 23	2 46		3 13	3 22	3 41		4 13			H 4 51		5 12	H 5 21		5 49			H 5 55	6 05			H 6 12	6 19	6 22		
27	Philipse Manor		12 09		1 09			2 15		2 48		3 15		3 43		4 15			H 4 54		5 15	H 5 24		5 52			H 5 58	6 08			H 6 16	6 22			
30	Scarborough		12 13		1 13			2 19		2 52		3 19		3 47		4 19			H 4 58		5 19	H 5 28		5 56			H 6 03	6 12			H 6 20	6 26			
31	Ossining	11 21	12 16	12 21	1 16	1 21		2 22	2 31	2 55		3 22	3 30	3 50		4 22			H 5 01		5 22	H 5 31		5 59			H 6 06	6 15			H 6 23	6 28			
33	Croton-Harmon Ar.		12 26		1 26			2 32		3 04		3 32		3 59		4 32			5 10		5 31	5 40		6 09			6 19	6 24			6 30	6 35	6 35		
33	Croton-Harmon Lv.	11 27		12 27		1 27	2 07		2 37		3 07		3 36		4 05		4 33			5 02			5 32			5 57					6 17					
38	Cortlandt	11 35		12 35		1 35	2 14		2 45		3 14		3 44		4 12		4 40			5 09			5 40		H 6 04						6 25				
41	Peekskill	11 40		12 40		1 40	2 19		2 50		3 19		3 49		4 17		4 45			5 15			5 45		H 6 09						6 30				
50	Garrison	11 52		12 52		1 52	2 31		3 01		3 31		4 00		4 29		4 57			5 25			5 56		H 6 20						6 41				
52	Cold Spring	11 56		12 56		1 56	2 35		3 05		3 35		4 04		4 33		5 01			5 30			6 00		H 6 24						6 46				
59	Beacon	12 04		1 04		2 04	2 44		3 14		3 44		4 13		4 42		5 10			5 38			6 10	H 6 19	6 38				H 6 41	6 54					
65	New Hamburg	12 12		H 1 12		H 2 12	H 2 52		H 3 22		H 3 52		H 4 21		H 4 50		H 5 17			H 5 46			H 6 17	H 6 26					H 6 48	H 7 02					
74	Poughkeepsie	12 30		1 30		2 30	3 09		3 40		4 09		4 39		5 09		5 42			6 04			6 35	6 37					6 58	7 18					
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	

MILES	TO POUGHKEEPSIE	PM PEAK																OFF-PEAK																OFF-PEAK	
		857	765	469	863	865	767	769	771	869	775	875	477	777	877	781	881	483	783	883	785	787	887	789	791	891	793	795	895	797	897	799	701 801	
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	
0	Grand Central	5 54	6 00	6 06	6 12	6 15	6 22	6 25	6 28	6 46	6 53	7 19	7 23	7 35	7 51	7 59	8 27	8 32	8 42	9 04	9 13	9 22	9 47	9 56	10 22	10 47	10 58	11 26	11 52	12 22	12 48	1 10	1 50	
4	Harlem-125th Street	R 6 06	R 6 10	6 16	R 6 23	R 6 26			6 38	R 6 57	7 03	R 7 30	7 33	7 45	R 8 02	8 09	R 8 38	8 42	R 8 52	R 9 15	R 9 23	9 32	R 9 58	R 10 07	10 32	R 10 58	R 11 09	11 36	R 12 03	12 32	R 12 59	1 20	2 00	
6	Yankees-E. 153rd Street			6 20					6 43		7 08		7 37			8 14		8 47	8 57			9 37			10 36			11 41		12 37		1 25	2 05		
8	Morris Heights			6 23					6 46		7 11		7 40			8 17		8 50				9 40			10 40			11 44		H 12 41		H 1 29	2 09		
9	University Heights			6 25					6 48		7 13		7 42			8 19		8 52				9 42			10 42			11 46		H 12 43		H 1 31	2 11		
10	Marble Hill			6 28					6 51		7 16		7 44	7 53		8 22		8 54	9 02			9 44			10 44			11 48		H 12 45	H 1 09	H 1 33	2 13		
11	Spuyten Duyvil			6 30					6 53		7 18		7 47			8 24		8 56				9 46		H 10 19	10 46		H 11 21	11 50	H 12 15	H 12 47	H 1 11	H 1 35	2 15		
13	Riverdale			6 33					6 57		7 22		7 50			8 28		9 00				9 50		H 10 22	10 50		H 11 24	11 54	H 12 19	H 12 51	H 1 15	H 1 39	2 19		
14	Ludlow			6 36					7 00		7 25		7 53			8 31		9 02				9 52			10 52			11 56		H 12 54		H 1 42	2 22		
15	Yonkers		6 26	6 39				6 50	7 03		7 27		7 56	8 02		8 34		9 05	9 10		H 9 40	9 55		H 10 27	10 55		H 11 29	11 59	H 12 22	H 12 56	H 1 19	H 1 44	2 25		
16	Glenwood			6 41					7 05		7 30		7 58			8 36		9 07				9 57			10 57			12 01		H 12 58		H 1 46	2 27		
18	Greystone			6 47					7 08		7 33		8 04			8 39		9 13				10 00			11 00			12 04		H 1 01		H 1 49	2 30		
20	Hastings-on-Hudson		6 32				6 56	7 11		7 36				8 09		8 42			9 16		H 9 46	10 03		H 10 33	11 03		H 11 35	12 07	H 12 30	H 1 04	H 1 25	H 1 52	2 33		
21	Dobbs Ferry		6 35				6 59	7 14		7 38				8 11		8 45			9 18		H 9 49	10 06		H 10 35	11 06		H 11 37	12 10	H 12 33	H 1 07	H 1 27	H 1 55	2 36		
22	Ardsley-on-Hudson		6 37				7 01	7 16		7 41				8 14		8 47			9 21			10 08			11 08			12 12		H 1 09		H 1 57	2 38		
23	Irvington		6 39				7 03	7 18		7 43				8 16		8 49			9 23		H 9 53	10 11		H 10 40	11 11		H 11 42	12 15	H 12 37	H 1 12	H 1 31	H 2 00	2 41		
25	Tarrytown		6 43				H 6 58	7 07	7 22		7 47			8 21		8 53			9 27		H 9 57	10 15		H 10 44	11 15		H 11 46	12 19	H 12 41	H 1 16	H 1 35	H 2 04	2 45		
27	Philipse Manor		6 46				H 7 01	7 10	7 25		7 49			8 24		8 55			9 30			10 17			11 17			12 21		H 1 19		H 2 07	2 48		
30	Scarborough		6 50				H 7 05	7 14	7 29		7 53			8 28		8 59			9 34		H 10 02	10 21		H 10 50	11 21		H 11 52	12 25	H 12 47	H 1 23	H 1 42	H 2 11	2 52		
31	Ossining		6 53				H 7 08	7 17	7 32		7 56			8 31		9 02			9 37		H 10 05	10 24		H 10 53	11 24		H 11 55	12 28	H 12 50	H 1 26	H 1 45	H 2 14	2 55		
33	Croton-Harmon Ar.		7 01				7 16	7 25	7 41		8 05			8 37		9 11			9 46		10 12	10 33		11 00	11 33		12 02	12 37		1 35		2 25	3 03		
33	Croton-Harmon Lv.	R 6 40				7 03				7 31		8 07			8 39		9 16		9 53				10 36			11 36			H 12 56		H 1 51		C 3 08		
38	Cortlandt	6 48				7 10				7 39		8 13			8 45		9 23		10 00				10 43			11 43			H 1 03		H 1 59		C 3 16		
41	Peekskill	6 53				7 15				7 44		8 18			8 50		9 28		10 05				10 48			11 48			H 1 08		H 2 04		C 3 21		
50	Garrison	7 04				7 28				7 55		8 29			9 01		9 40		10 17				11 00			12 01			H 1 20		H 2 16		C 3 32		
52	Cold Spring	7 09				7 33				8 00		8 34			9 06		9 44		10 21				11 04			12 04			H 1 24		H 2 20		C 3 36		
59	Beacon	7 17			H 7 22	7 41				8 09		8 42			9 14		9 53		10 30				11 13			12 13			H 1 33		H 2 29		C 3 44		
65	New Hamburg	H 7 25			H 7 30	H 7 49				H 8 17		H 8 50			H 9 22		H 10 01		H 10 38				H 11 21			H 12 21			H 1 41		H 2 37		C 3 52		
74	Poughkeepsie	7 39			7 40	8 06				8 34		9 06			9 38		10 20		10 58				11 37			12 37			2 01		2 59		C 4 08		
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM	AM	

INBOUND: Saturday, Sunday & Holiday

Effective **March 29, 2026**

MILES	TO NEW YORK	8700	8802	8702	8704	8706	8808	8708	8710	8812	8712	8714	8816	8716	8718	8820	8822	8720	8722	8824	8826	8724	8726	8828	8728	8730	8832	8732	8734	8836	8736	8738	8840	8740	8742	8
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	AM	PM	PM	PM	PM	PM	PM	PM	PM	
74	Poughkeepsie		4 36				5 58			6 58			7 58			8 58	9 26			9 58	10 26			10 58			11 58			12 51			1 51			
65	New Hamburg		4 45				6 07			7 07			8 07			9 07	9 35			10 07	10 35			11 07			12 07			1 00			2 00			
59	Beacon		4 53				6 15			7 15			8 15			9 15	9 43			10 15	10 43			11 15			12 15			1 08			2 08			
55	Breakneck Ridge																																			
52	Cold Spring		5 02				6 24			7 24			8 24			9 24	9 52			10 24	10 52			11 24			12 24			1 19			2 19			
50	Garrison		5 06				6 28			7 28			8 28			9 28	9 56			10 28	10 56			11 28			12 28			1 23			2 23			
46	Manitou																													1 28			2 28			
41	Peekskill		5 18				6 40			7 40			8 40			9 40	10 08			10 40	11 08			11 40			12 40			1 37			2 37			
38	Cortlandt		5 22				6 45			7 45			8 45			9 45				10 45				11 45			12 45			1 42			2 42			
33	Croton-Harmon *Ar.*																																			
33	Croton-Harmon *Lv.*	5 03	5 32	5 37	6 06	6 33	6 54	7 06	7 33	7 54	8 06	8 39	8 54	9 06	9 39	9 54		10 06	10 39	10 54		11 06	11 39	11 54	12 06	12 39	12 54	1 06	1 39	1 51	2 06	2 39	2 51	3 06	3 39	
31	Ossining	5 07	5 36	5 41	6 10	6 37	6 58	7 10	7 37	7 58	8 10	8 43	8 58	9 10	9 43			10 10	10 43			11 10	11 43		12 10	12 43		1 10	1 43	1 55	2 10	2 43	2 55	3 10	3 43	
30	Scarborough	5 09		5 43	6 12	6 39		7 12	7 39		8 12			9 12				10 12				11 12			12 12			1 12			2 12			3 12		
27	Philipse Manor	5 13		5 47	6 16	6 43		7 16	7 43		8 16			9 16				10 16				11 16			12 16			1 16			2 16			3 16		
25	Tarrytown	5 15	5 44	5 49	6 18	6 45	7 06	7 18	7 45	8 06	8 18	8 50	9 06	9 18	9 50			10 18	10 50			11 18	11 50		12 18	12 50		1 18	1 50	2 03	2 18	2 50	3 03	3 18	3 50	
23	Irvington	5 19		5 53	6 22	6 49		7 22	7 49		8 22	8 53		9 22	9 53			10 22	10 53			11 22	11 53		12 22	12 53		1 22	1 53		2 22	2 53		3 22	3 53	
22	Ardsley-on-Hudson	5 21		5 55	6 24	6 51		7 24	7 51		8 24			9 24				10 24				11 24			12 24			1 24			2 24			3 24		
21	Dobbs Ferry	5 23		5 57	6 26	6 53		7 26	7 53		8 26	8 56		9 26	9 56			10 26	10 56			11 26	11 56		12 26	12 56		1 26	1 56		2 26	2 56		3 26	3 56	
20	Hastings-on-Hudson	5 25		5 59	6 28	6 55		7 28	7 55		8 28	8 59		9 28	9 59			10 28	10 59			11 28	11 59		12 28	12 59		1 28	1 59		2 28	2 59		3 28	3 59	
18	Greystone	5 28		6 02	6 31	6 58		7 31	7 58		8 31			9 31				10 31				11 31			12 31			1 31			2 31			3 31		
16	Glenwood	5 31		6 05	6 34	7 01		7 34	8 01		8 34			9 34				10 34				11 34			12 34			1 34			2 34			3 34		
15	Yonkers	5 34		6 08	6 37	7 04		7 37	8 04		8 37	9 05		9 37	10 05			10 37	11 05			11 37	12 05		12 37	1 05		1 37	2 05		2 37	3 05		3 37	4 05	
14	Ludlow	5 37		6 11	6 40	7 07		7 40	8 07		8 40			9 40				10 40				11 40			12 40			1 40			2 40			3 40		
13	Riverdale	5 39		6 13	6 42	7 09		7 42	8 09		8 42	9 09		9 42	10 09			10 42	11 09			11 42	12 09		12 42	1 09		1 42	2 09		2 42	3 09		3 42	4 09	
11	Spuyten Duyvil	5 43		6 17	6 46	7 13		7 46	8 13		8 46	9 13		9 46	10 13			10 46	11 13			11 46	12 13		12 46	1 13		1 46	2 13		2 46	3 13		3 46	4 13	
10	Marble Hill	5 47		6 21	6 50	7 17		7 50	8 17		8 50	9 17		9 50	10 17			10 50	11 17			11 50	12 17		12 50	1 17		1 50	2 17		2 50	3 17		3 50	4 17	
9	University Heights	5 49			6 52			7 52			8 52			9 52				10 52				11 52			12 52			1 52			2 52			3 52		
8	Morris Heights	5 51			6 54			7 54			8 54			9 54				10 54				11 54			12 54			1 54			2 54			3 54		
6	Yankees-E. 153rd Street	5 55			6 58			7 59			8 59			9 59				10 59				11 59			12 59			1 59			2 59			3 59		
4	Harlem-125th Street	H 6 03	H 6 17	H 6 34	H 7 02	H 7 30	H 7 37	H 8 03	H 8 30	H 8 37	H 9 03	H 9 30	H 9 37	H 10 04	H 10 30	H 10 36	H 10 57	H 11 04	H 11 30	H 11 36	H 11 57	H 12 04	H 12 30	H 12 36	H 1 04	H 1 30	H 1 36	H 2 04	H 2 30	H 2 37	H 3 04	H 3 30	H 3 37	H 4 04	H 4 30	H
0	Grand Central	6 17	6 31	6 45	7 20	7 41	7 55	8 20	8 41	8 55	9 20	9 44	9 55	10 20	10 44	10 51	11 13	11 19	11 44	11 51	12 11	12 19	12 44	12 51	1 19	1 44	1 51	2 19	2 44	2 52	3 19	3 44	3 52	4 19	4 44	
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	

MILES	TO NEW YORK	8844	8846	8744	8746	8848	8748	8750	8852	8752	8754	8856	8756	8758	8860	8760	8762	8864	8764	8766	8868	8768	8872	8772	8876 8776	8898 8798
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
74	Poughkeepsie	2 55	3 26			3 52			4 51			5 56			6 56			7 58			8 58		9 57		C 10 59	C 11 59
65	New Hamburg	3 04	3 35			4 01			5 00			6 05			7 05			8 07			9 07		10 06		C 11 09	C 12 09
59	Beacon	3 12	3 43			4 09			5 08			6 13			7 13			8 15			9 15		10 14		C 11 17	C 12 17
55	Breakneck Ridge																									
52	Cold Spring	3 23	3 52			4 20			5 19			6 24			7 24			8 24			9 24		10 23		C 11 25	C 12 25
50	Garrison	3 27	3 56			4 24			5 23			6 28			7 28			8 28			9 28		10 27		C 11 29	C 12 29
46	Manitou	3 32				4 29			5 28			6 33			7 33											
41	Peekskill	3 41	4 08			4 38			5 37			6 42			7 42			8 40			9 40		10 39		C 11 40	C 12 40
38	Cortlandt	3 46				4 43			5 42			6 47			7 47			8 45			9 45		10 44		C 11 45	C 12 45
33	Croton-Harmon *Ar.*																								C 11 58	C 12 58
33	Croton-Harmon *Lv.*	3 55		4 06	4 34	4 52	5 06	5 34	5 51	6 06	6 40	6 56	7 06	7 40	7 56	8 06	8 38	8 54	9 06	9 38	9 54	10 06	10 53	11 08	12 05	1 04
31	Ossining			4 10	4 38	4 56	5 10	5 38	5 55	6 10	6 44		7 10	7 44		8 10	8 42	8 58	9 10	9 42	9 58	10 10	10 57	11 12	12 09	1 08
30	Scarborough			4 12	4 40		5 12	5 40		6 12			7 12			8 12			9 12			10 12		11 14	12 11	1 10
27	Philipse Manor			4 16	4 44		5 16	5 44		6 16			7 16			8 16			9 16			10 16		11 18	12 15	1 14
25	Tarrytown			4 18	4 46	5 04	5 18	5 46	6 02	6 18	6 51		7 18	7 51		8 18	8 49	9 06	9 18	9 49	10 06	10 18	11 05	11 20	12 17	1 16
23	Irvington			4 22	4 50		5 22	5 50		6 22	6 54		7 22	7 54		8 22	8 52		9 22	9 52		10 22		11 24	12 21	1 20
22	Ardsley-on-Hudson			4 24	4 52		5 24	5 52		6 24			7 24			8 24			9 24			10 24		11 26	12 23	1 22
21	Dobbs Ferry			4 26	4 54		5 26	5 54		6 26	6 57		7 26	7 57		8 26	8 55		9 26	9 55		10 26		11 28	12 25	1 24
20	Hastings-on-Hudson			4 28	4 56		5 28	5 56		6 28	7 00		7 28	8 00		8 28	8 58		9 28	9 58		10 28		11 30	12 27	1 26
18	Greystone			4 31	4 59		5 31	5 59		6 31			7 31			8 31			9 31			10 31		11 33	12 30	1 29
16	Glenwood			4 34	5 02		5 34	6 02		6 34			7 34			8 34			9 34			10 34		11 36	12 33	1 32
15	Yonkers			4 37	5 05		5 37	6 05		6 37	7 06		7 37	8 06		8 37	9 04		9 37	10 04		10 37	11 18	11 39	12 36	1 35
14	Ludlow			4 40	5 08		5 40	6 08		6 40			7 40			8 40			9 40			10 40		11 42	12 39	1 38
13	Riverdale			4 42	5 10		5 42	6 10		6 42	7 10		7 42	8 10		8 42	9 08		9 42	10 08		10 42		11 44	12 41	1 40
11	Spuyten Duyvil			4 46	5 14		5 46	6 14		6 46	7 14		7 46	8 14		8 46	9 12		9 46	10 12		10 46		11 48	12 45	1 44
10	Marble Hill			4 50	5 18		5 50	6 18		6 50	7 18		7 50	8 18		8 49	9 16		9 50	10 16		10 50		11 52	12 49	1 47
9	University Heights			4 52	5 20		5 52	6 20		6 52			7 52			8 52			9 52			10 52		11 54	12 51	
8	Morris Heights			4 54	5 22		5 54	6 22		6 54			7 54			8 54			9 54			10 54		11 56	12 53	
6	Yankees-E. 153rd Street			4 59	5 26		5 59	6 26		6 59			7 59			8 59			9 59			10 59		12 01	12 59	
4	Harlem-125th Street	H 4 37	H 4 57	H 5 04	H 5 30	H 5 37	H 6 04	H 6 30	H 6 37	H 7 04	H 7 32	H 7 37	H 8 04	H 8 32	H 8 37	H 9 04	H 9 30	H 9 37	H 10 04	H 10 30	H 10 37	H 11 04	H 11 37	H 12 07	H 1 06	H 2 01
0	Grand Central	4 51	5 11	5 19	5 44	5 51	6 19	6 44	6 50	7 19	7 46	7 51	8 19	8 46	8 51	9 19	9 44	9 55	10 19	10 44	10 55	11 19	11 55	12 18	1 17	2 12
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM

SATURDAY ONLY

OUTBOUND: Saturday, Sunday & Holiday

Effective **March 29, 2026**

MILES	TO POUGHKEEPSIE	8705	8805	8707	8709	8807	8711	8713	8811	8715	8717	8815	8719	8721	8819	8723	8725	8823	8727	8729	8827	8731	8733	8831	8735	8737	8835	8739	8741	8839	8841	8743	8745	8843	8845	8747	8
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	
0	Grand Central	6 25	6 56	7 25	7 52	7 57	8 25	8 52	8 56	9 25	9 53	9 56	10 25	10 53	10 56	11 25	11 53	11 56	12 25	12 53	12 56	1 25	1 53	1 56	2 25	2 53	2 56	3 25	3 53	3 56	4 19	4 25	4 52	4 56	5 19	5 25	
4	Harlem-125th Street	6 36	R 7 07	7 36	8 03	R 8 08	8 36	9 03	R 9 07	9 36	R 10 04	R 10 07	10 36	R 11 04	R 11 07	11 36	R 12 04	R 12 07	12 36	R 1 04	R 1 07	1 36	R 2 04	R 2 07	2 36	R 3 04	R 3 07	3 36	R 4 04	R 4 07	R 4 30	4 36	5 03	R 5 07	R 5 30	5 36	
6	Yankees-E. 153rd Street	6 41		7 41	8 08		8 41	9 08		9 41			10 41			11 41			12 41			1 41			2 41			3 41				4 41				5 41	
8	Morris Heights	6 44		7 44	8 11		8 44	9 11		9 44			10 44			11 44			12 44			1 44			2 44			3 44				4 44				5 44	
9	University Heights	6 46		7 46	8 13		8 46	9 13		9 46			10 46			11 46			12 46			1 46			2 46			3 46				4 46				5 46	
10	Marble Hill	6 48		7 48	8 15		8 48	9 15		9 48	H 10 15		10 48	H 11 15		11 48	H 12 15		12 48	H 1 15		1 48	H 2 15		2 48	H 3 15		3 48	H 4 15			4 48	5 13			5 48	
11	Spuyten Duyvil	6 51		7 51	8 18		8 51	9 18		9 51	H 10 17		10 51	H 11 17		11 51	H 12 17		12 51	H 1 17		1 51	H 2 17		2 51	H 3 17		3 51	H 4 17			4 51	5 15			5 51	
13	Riverdale	6 54		7 54	8 21		8 54	9 21		9 54	H 10 22		10 54	H 11 22		11 54	H 12 22		12 54	H 1 22		1 54	H 2 22		2 54	H 3 22		3 54	H 4 22			4 54	5 19			5 54	
14	Ludlow	6 57		7 57	8 24		8 57	9 24		9 57			10 57			11 57			12 57			1 57			2 57			3 57				4 57	5 22			5 57	
15	Yonkers (A)	6 59		7 59	8 26		8 59	9 26		9 59	H 10 26		10 59	H 11 26		11 59	H 12 26		12 59	H 1 26		1 59	H 2 26		2 59	H 3 26		3 59	H 4 26			4 59	5 24			5 59	
16	Glenwood	7 01		8 01	8 28		9 01	9 28		10 01			11 01			12 01			1 01			2 01			3 01			4 01				5 01	5 26			6 01	
18	Greystone	7 04		8 04	8 31		9 04	9 31		10 04			11 04			12 04			1 04			2 04			3 04			4 04				5 04	5 29			6 04	
20	Hastings-on-Hudson	7 07		8 07	8 34		9 07	9 34		10 07	H 10 32		11 07	H 11 32		12 07	H 12 32		1 07	H 1 32		2 07	H 2 32		3 07	H 3 32		4 07	H 4 32			5 07	5 32			6 07	
21	Dobbs Ferry	7 10		8 10	8 37		9 10	9 37		10 10	H 10 34		11 10	H 11 34		12 10	H 12 34		1 10	H 1 34		2 10	H 2 34		3 10	H 3 34		4 10	H 4 34			5 10	5 35			6 10	
22	Ardsley-on-Hudson	7 12		8 12	8 39		9 12	9 39		10 12			11 12			12 12			1 12			2 12			3 12			4 12				5 12	5 37			6 12	
23	Irvington	7 14		8 14	8 41		9 14	9 41		10 14	H 10 38		11 14	H 11 38		12 14	H 12 38		1 14	H 1 38		2 14	H 2 38		3 14	H 3 38		4 14	H 4 38			5 14	5 39			6 14	
25	Tarrytown	7 18	7 35	8 18	8 45		9 18	9 45		10 18	H 10 42		11 18	H 11 42		12 18	H 12 42		1 18	H 1 42	1 35	2 18	H 2 42	2 35	3 18	H 3 42	3 35	4 18	H 4 42			5 18	5 43	5 35		6 18	
27	Philipse Manor	7 21		8 21	8 48		9 21	9 48		10 21			11 21			12 21			1 21			2 21			3 21			4 21				5 21	5 46			6 21	
30	Scarborough	7 25		8 25	8 52		9 25	9 52		10 25			11 25			12 25			1 25			2 25			3 25			4 25				5 25	5 50			6 25	
31	Ossining	7 28	7 43	8 28	8 55		9 28	9 55		10 28	H 10 50		11 28	H 11 50		12 28	H 12 50		1 28	H 1 50	1 43	2 28	H 2 50	2 43	3 28	H 3 50	3 43	4 28	H 4 50			5 28	5 53	5 43		6 28	
33	Croton-Harmon Ar. (A)	7 37		8 37	9 04		9 37	10 04		10 37	11 02		11 37	12 02		12 37	1 02		1 37	2 02		2 37	3 02		3 37	4 02		4 37	5 02			5 37	6 02			6 37	
33	Croton-Harmon Lv. (A)		7 49			8 46			9 45			10 45			11 45			12 45			1 49			2 49			3 49			4 45	5 08			5 49	6 08		
38	Cortlandt		7 57			8 54			9 53			10 53			11 53			12 53			1 57			2 57			3 57			4 53	5 16			5 57	6 16		
41	Peekskill		8 02			8 59			9 58			10 58			11 58			12 58			2 02			3 02			4 02			4 58	5 21			6 02	6 21		
46	Manitou		8 10			9 07			10 06			11 06			12 06						2 10																
50	Garrison		8 16			9 13			10 12			11 12			12 12			1 11			2 16			3 14			4 14			5 10	5 33			6 14	6 33		
52	Cold Spring		8 20			9 17			10 16			11 16			12 16			1 15			2 20			3 18			4 18			5 14	5 37			6 18	6 37		
55	Breakneck Ridge																																				
59	Beacon		8 32			9 29			10 28			11 28			12 28			1 24			2 32			3 27			4 27			5 23	5 46			6 27	6 46		
65	New Hamburg		H 8 38			H 9 35			H 10 34			H 11 34			H 12 35			H 1 33			H 2 40			H 3 36			H 4 34			H 5 32	H 5 55			H 6 36	H 6 55		
74	Poughkeepsie (A)		9 02			9 59			10 58			11 58			12 58			1 48			3 06			3 51			5 03			5 47	6 16			6 59	7 16		
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	

SATURDAY ONLY

MILES	TO POUGHKEEPSIE	8749	8847	8849	8751	8753	8851	8755	8757	8855	8759	8761	8859	8763	8765	8863	8767	8769	8867	8771	8871	8797	8897	8799	8701 8801
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM
0	Grand Central	5 52	5 56	6 19	6 25	6 53	6 56	7 25	7 53	7 56	8 25	8 53	8 56	9 25	9 53	9 56	10 25	10 53	10 56	11 25	11 47	12 22	12 48	1 10	1 50
4	Harlem-125th Street	6 03	R 6 07	R 6 30	6 36	R 7 04	R 7 07	7 36	R 8 04	R 8 07	8 36	R 9 04	R 9 07	9 36	R 10 04	R 10 07	10 36	R 11 04	R 11 07	11 36	R 11 58	12 32	R 12 59	1 20	2 00
6	Yankees-E. 153rd Street				6 41			7 41			8 41			9 41			10 41			11 41		12 37		1 25	2 05
8	Morris Heights				6 44			7 44			8 44			9 44			10 44			11 44		H 12 41		H 1 29	2 09
9	University Heights				6 46			7 46			8 46			9 46			10 46			11 46		H 12 43		H 1 31	2 11
10	Marble Hill	6 13			6 48	H 7 15		7 48	H 8 15		8 48	H 9 15		9 48	H 10 15		10 48	H 11 15		11 48		H 12 45	H 1 09	H 1 33	2 13
11	Spuyten Duyvil	6 15			6 51	H 7 17		7 51	H 8 17		8 51	H 9 17		9 51	H 10 17		10 51	H 11 17		11 51		H 12 47	H 1 11	H 1 35	2 15
13	Riverdale	6 19			6 54	H 7 22		7 54	H 8 22		8 54	H 9 22		9 54	H 10 22		10 54	H 11 22		11 54		H 12 51	H 1 15	H 1 39	2 19
14	Ludlow	6 22			6 57			7 57			8 57			9 57			10 57			11 57		H 12 54		H 1 42	2 22
15	Yonkers (A)	6 24			6 59	H 7 26		7 59	H 8 26		8 59	H 9 26		9 59	H 10 26		10 59	H 11 26		11 59	H 12 16	H 12 56	H 1 19	H 1 44	2 25
16	Glenwood	6 26			7 01			8 01			9 01			10 01			11 01			12 01		H 12 58		H 1 46	2 27
18	Greystone	6 29			7 04			8 04			9 04			10 04			11 04			12 04		H 1 01		H 1 49	2 30
20	Hastings-on-Hudson	6 32			7 07	H 7 32		8 07	H 8 32		9 07	H 9 32		10 07	H 10 32		11 07	H 11 32		12 07	H 12 22	H 1 04	H 1 25	H 1 52	2 33
21	Dobbs Ferry	6 35			7 10	H 7 34		8 10	H 8 34		9 10	H 9 34		10 10	H 10 34		11 10	H 11 34		12 10	H 12 24	H 1 07	H 1 27	H 1 55	2 36
22	Ardsley-on-Hudson	6 37			7 12			8 12			9 12			10 12			11 12			12 12		H 1 09		H 1 57	2 38
23	Irvington	6 39			7 14	H 7 38		8 14	H 8 38		9 14	H 9 38		10 14	H 10 38		11 14	H 11 38		12 14	H 12 28	H 1 12	H 1 31	H 2 00	2 41
25	Tarrytown	6 43	6 35		7 18	H 7 42		8 18	H 8 42		9 18	H 9 42	9 35	10 18	H 10 42	10 35	11 18	H 11 42	11 35	12 18	H 12 32	H 1 16	H 1 35	H 2 04	2 45
27	Philipse Manor	6 46			7 21			8 21			9 21			10 21			11 21			12 21		H 1 19		H 2 07	2 48
30	Scarborough	6 50			7 25			8 25			9 25			10 25			11 25			12 25	H 12 39	H 1 23	H 1 42	H 2 11	2 52
31	Ossining	6 53	6 43		7 28	H 7 50		8 28	H 8 50		9 28	H 9 50	9 43	10 28	H 10 50	10 43	11 28	H 11 50	11 43	12 28	H 12 42	H 1 26	H 1 45	H 2 14	2 55
33	Croton-Harmon Ar. (A)	7 02			7 37	8 02		8 37	9 02		9 37	10 02		10 37	11 02		11 37	12 02		12 37		1 35		2 25	3 03
33	Croton-Harmon Lv. (A)		6 49	7 08			7 45			8 45			9 49			10 49			11 49		H 12 48		H 1 51		C 3 08
38	Cortlandt		6 57	7 16			7 53			8 53			9 57			10 57			11 57		H 12 56		H 1 59		C 3 16
41	Peekskill		7 02	7 21			7 58			8 58			10 02			11 02			12 02		H 1 01		H 2 04		C 3 21
46	Manitou																								
50	Garrison		7 14	7 33			8 10			9 10			10 14			11 14			12 14		H 1 13		H 2 16		C 3 32
52	Cold Spring		7 18	7 37			8 14			9 14			10 18			11 18			12 18		H 1 17		H 2 20		C 3 36
55	Breakneck Ridge																								
59	Beacon		7 27	7 46			8 23			9 23			10 27			11 27			12 27		H 1 26		H 2 29		C 3 44
65	New Hamburg		H 7 36	H 7 55			H 8 32			H 9 32			H 10 36			H 11 36			H 12 36		H 1 34		H 2 37		C 3 52
74	Poughkeepsie (A)		7 51	8 16			8 55			9 47			10 50			11 50			12 59		1 57		2 59		C 4 08
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM	AM

SATURDAY ONLY

Metro North Railroad
Hudson Line

As of March 29, 2026

Ticket info

Buy Tickets before boarding to avoid the onboard surcharge

You will be charged an additional fee if a ticket vending machine or ticket office is available at your boarding station.

Surcharge does not apply to senior citizens or passengers with disabilities

RESPONSIBILITY –

Metro-North Railroad cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections, or for changes in or shortage of equipment. The schedules in this timetable are subject to change without notice.

Title VI Statement:

MTA Metro-North Railroad is committed to providing nondiscriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color, national origin or income as protected by Title VI of the Civil Rights Act of 1964.

For more information visit **mta.info** or contact:
MTA Metro-North Railroad
Office of Diversity &
Equal Employment Opportunity,
420 Lexington Avenue, 12th Fl.,
New York, NY 10170,
or call 511.

In addition to your right to file a complaint with Metro-North Railroad, you have the right to file a Title VI complaint with the
Federal Transit Administration,
Office of Civil Rights, Attention: Complaint Team,
East Building 5th Floor—TCR,
1200 New Jersey Ave. SE,
Washington, DC 20590.

Contact Information

MTA Metro-North Railroad mta.info/mnr

– Schedules – Lost & Found – Mail&Ride
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– Comments, Concerns, Commendations

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Outside New York State 877-690-5114
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MTA PD Emergency Only 888-MTA-911PD
MTA Inspector General Hotline 800-MTA-IG4U
(800-682-4448)

Other Transit Information

Amtrak 800-872-7245
CT Transit ..... cttransit.com
Coach USA 866-912-6224
Dutchess County Public Transit 845-473-8424
dutchessny.gov/
dcpt.doublemap.com/map
GO Airlink 212-812-9000
HarTransit 203-744-4070
hartransit.com
LAZ Parking 888-682-PARK
(888-682-7275)
Putnam County Transit 845-878-RIDE (7433)
putnamcountyny.com/transportation
Westchester Bee-Line 914-813-7777
westchestergov.com

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Grand Central Terminal 4 5 6 7 S
42 St.: **M42**
Lexington Av: **M101, M102, M103**
Madison Av: **M1, M2, M3, M4**

Harlem–125th Street 4 5 6
125 St: **SBS M60** to Laguardia Airport, **M125, M101**
Lexington Av: **M101, M103**

Long Island Rail Road 511 mta.info/lirr
Grand Central Madison

Connections to NY Area Airports mta.info/guides/airports

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